

Starville Primary Newsletter Publication



It is the end of another school year!

### Dear Parents,

We are super excited that we have come to the end of this session (2021 / 2022). We began with the strength and mercies of God and we have ended with the same. We are excited about our highs and we are grateful for our lows; grateful because they are learning curves for us and we love to learn no matter the challenges.

As this academic year draws to a close, I would like to take this opportunity to thank you for your continued support and I hope that your child has had a successful and enjoyable year. By working together we are ensuring that our school continues to make good progress

Let's take you down memory lane. In this school year, we had the following events:

- ·National day
- ·Christmas production
- ·100 days in school
- ·World Cancer Day
- ·World Autism Day
- · Inter-house sports
- ·International Day
- ·Children's Day
- International Day of the Girl child
- ·Grand Finale Math
- ·Grand Finale Science
- ·Grand Finale Spelling Bee
- ·Graduation day

UPCOMING EVENTS
NATIONAL DAY CELEBRATION
DATE: 30TH SEPTEMBER 2022

The year was not only packed with fun activities, the learning too was rigorous. Our stars had to grapple with new concepts that developed their minds and enhanced their reasoning. We took our ICT to the next level for our Year 4 as we introduced them to coding using their own systems just like the upper primary.

Our cross-curricular intent was made visible in our choice of clubs and the various activities they were engaged in. We are so proud of our stars and the progress they have made.

In the new session, we look forward to stars that have bloomed into beautiful, exceptional children ready to do exploits.



## Starville Primary Newsletter!

## photo reels



What an awesome session we have had together!

Starville School strives for excellence in all that we do. A critical component of our vitality and improvement is YOU!

Please look out for a parent survey to be emailed in the coming weeks. We are asking every family to give thoughtful consideration to honestly answering the questions. This is YOUR school and we want your opinion and suggestions!





# Parenting Tips for the Summer



The Summer Holidays are here! Don't panic! It is possible to enjoy summer, provide a healthy environment for your children, and maintain your sanity.

#### Provide structure

Psychologically and physiologically, we are creatures of habit. This means children, like adults, crave structure. School naturally provides structure and helps children know what is going to happen next.

While summer routines can be more flexible, it remains important to have a daily structure. Maintaining a consistent bedtime routine, getting up at about the same time each day, and eating meals/snacks at around the same time allows the body to establish a sense of rhythm and helps everyone's mood remain stable (including yours).

### Assign age-appropriate chores

Intuitively, parents know children need to have chores around the house. However, getting children to see this as important can be difficult. Children want to feel important and want to contribute in ways that matter. So, instead of telling your children what they need to do, engage them in a conversation about ways they can be helpful to you and the family. Starting the conversation with, 'I need your help,' may feel uncomfortable, but it helps children know they have something valuable to contribute.

Make a list of chores that need to be done each day/week and talk about how to divide up these chores so everyone is contributing to the family in age-appropriate ways. Allow your children to help with tasks like making meals, doing laundry, or cleaning. While it may take longer for the chores to be completed, the rewards are three-fold: it keeps them occupied, it will eventually lessen your workload (you won't always have to teach them), and it teaches life skills they need to be successful adults.

## **IMPORTANT NOTES!**

BACK TO SCHOOL

We are coming back to school for the new academic year on September 18th, 2022!

We look forward to welcoming back our students to a fresh, new start on what promises to be a great year ahead!

Create time for children to use their imagination While structure is important, too much structure takes away children's opportunities to use their imagination and learn to structure themselves when external structure is absent.

When planning your children's day, structure in 'free time' where children choose activities within established parameters. Be prepared for the inevitable 'I'm bored' chant by creating a 'Bored Jar.' Choose activities your child might not think of doing and write each activity on a slip of paper. Include age-appropriate chores they can do to help around the house. When the 'I'm bored' chant begins, offer the options of finding something to do or picking something out of the jar. Add activities to the jar throughout the summer and allow children to contribute as well (be sure to pre-approve their additions!).

Ideas for the 'I'm bored' jar
Drawing with sidewalk chalk
Collecting insects
Riding bike/scooter/ripstik
Going on a scavenger hunt
Shooting hoops
Writing a story
Going on a nature walk
Practice skills learned in the last school year

Another thing to consider as you contemplate summer schedules is 'summer slide.' Between holidays and school resumption, children often lose ground in academic areas like math and reading because skills learned in school are not practiced over the summer.

Consider scheduling activities which encourage your child to either practice concepts they struggled with during school or to explore areas of special interest. Talk with your child's teacher to get suggestions and recommendations tailored to your child. Create reward systems to help children remain motivated and use this time to help bolster your child's self-confidence. Build educational time into the schedule and be sure to make it fun!

Summer is full of promise and possibility. Embrace the potential and remind yourself that the time and energy you proactively put into creating a positive structured environment this summer will be well worth it!

What about you? What's going in your 'Bored Jar'?