



**MEDICAL FITNESS FORM**

**PART A: BIODATA** (To be completed by parents)

Name of Student: .....

**MEDICAL HISTORY**

Does your ward have any of the following conditions? (Tick appropriate option)

- |   |  |
|---|--|
| <input type="checkbox"/> Sickle cell                            | <input type="checkbox"/> Attention Deficit Disorder (ADHD) |
| <input type="checkbox"/> Asthma                                 | <input type="checkbox"/> Heart disease                     |
| <input type="checkbox"/> Breathing problems                     | <input type="checkbox"/> Tuberculosis                      |
| <input type="checkbox"/> Skin disorder                          | <input type="checkbox"/> Ulcer                             |
| <input type="checkbox"/> Hearing problems                       | <input type="checkbox"/> Diabetes                          |
| <input type="checkbox"/> Sight problems                         | <input type="checkbox"/> Incontinence                      |
| <input type="checkbox"/> Speech problems                        | <input type="checkbox"/> Epilepsy/Seizures                 |
| <input type="checkbox"/> Behavioural problems                   | <input type="checkbox"/> Mental illness                    |
| <input type="checkbox"/> Developmental problems                 | <input type="checkbox"/> Orthopedic condition              |
| <input type="checkbox"/> Dental problems                        | <input type="checkbox"/> Drug addiction                    |
| <input type="checkbox"/> Allergies (food, insect, season, etc.) |  |

If yes to allergies, kindly give details and treatment required:

.....  
.....

**Others (Please describe any other health related information about your child)**

.....  
.....

Is your ward presently on any medication, prescription or OTC? Yes..... No.....

If yes, kindly give details including names of medication and dosages.

.....  
.....

**Tick if you want to discuss any other confidential information with the school nurse.**

In case of any medical emergency, give the details of the person(s) to be contacted:

Name: .....

Address: .....

.....

Telephone: ..... E- mail: .....

**PART B: MEDICAL CONSENT FORM** (To be completed by parents)

To: The Principal

I/We \_\_\_\_\_ being  
the parent/guardian of \_\_\_\_\_

consent to the administration of medicines specified below and any other notified by  
me/us in writing as required. This consent shall remain valid unless withdrawn and  
notified by me/us in writing to the school.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship with Student: \_\_\_\_\_

**Non Prescription or “over the counter” medications**

The following medications are held in the sick bay for the relief of minor pain,  
vomiting, dehydration, coughs, cold or fever. Please sign beside each medication that  
you authorize us to administer to your child if required.

Paracetamol: \_\_\_\_\_

Colipan: \_\_\_\_\_

Ibuprofen: \_\_\_\_\_

Gestid: \_\_\_\_\_

Cough syrup: \_\_\_\_\_

Heat rub: \_\_\_\_\_

Throat lozenges: \_\_\_\_\_

ORS: \_\_\_\_\_

Multivitamins: \_\_\_\_\_

Glucose: \_\_\_\_\_

Antibiotics (Amoxil, Flagyl, Septrin): \_\_\_\_\_

Please list below any other non-prescription medications that your child may need and  
the name of the condition being treated.

.....  
.....  
.....

**PART C: MEDICAL REPORT** (To be completed by a doctor after examination)

Name of Doctor: .....

Hospital: .....

Phone: ..... E-mail: .....

Kindly fill in as appropriate, after medical examination.

Weight: .....

Height: .....

Genotype: .....

Blood group: .....

PCV: .....

Urinalysis: .....

HIV status: .....

Tuberculosis: .....

Hepatitis B: .....

Hepatitis C: .....

Remarks:.....  
.....  
.....  
.....

.....  
Signature/Date

*Kindly submit this form with a medical report.*

**PART D: IMMUNIZATION RECORD** (For nursery pupils only)

VACCINE	TICK IF GIVEN	DATE GIVEN (DD/MM/YY)
Hep B0		
OPV 0		
BCG		
OPV 1		
Penta 1		
PCV 1		
Penta 2		
PCV 2		
Rota 1		
Rota 2		
Penta 3		
PCV 3		
Vitamin A		
Measles 1		
Yellow fever		
Conjugate A CSM		
Measles 2		
MMR		
<b>OTHERS</b>		

**PART E: ATTESTATION (to be filled by the parent)**

I hereby attest that all information provided in this form is valid. I agree to forfeit the admission and any financial commitment already made if any information provided in this form is found to be false and misleading.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_